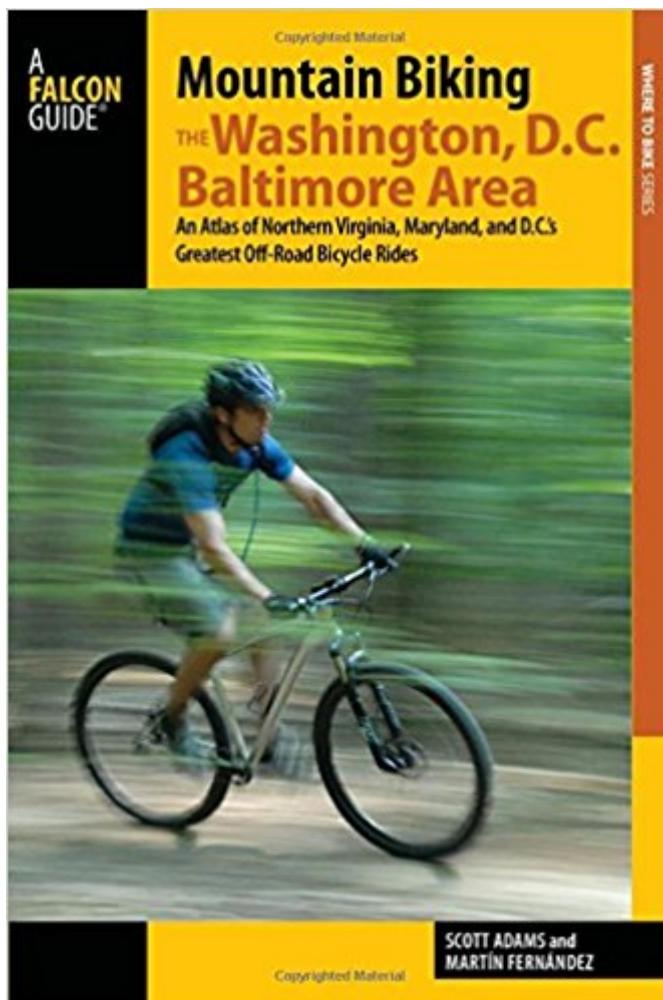


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# Mountain Biking The Washington, D.C./Baltimore Area: An Atlas Of Northern Virginia, Maryland, And D.C.'s Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series)





## Synopsis

Plunge down singletrack over the Allegheny Mountains in Maryland, or travel off-road through Virginia's scenic horse and wine country with this fully updated and revised Mountain Biking the Washington, D.C./Baltimore Area. Featuring the greatest off-road bicycle rides of Northern Virginia, Maryland, and Washington, D.C., readers will find maps, color photos, GPS coordinates, and much more.

## Book Information

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## Customer Reviews

Mountain Biking The Washington D.C./Baltimore Area focuses on off-road bicycle rides near the Washington D.C. and Baltimore metropolitan areas. The rides include day destinations for all levels of riders and recommended rides within a reasonable distance from both cities. Every ride includes information about the region the ride is located in, including historical information about the area and the trail itself. The book includes profiles on local riders and individuals whose efforts were key in the fruition of the rides and whose contributions to the nearby community have had an impact in the building and/or maintenance of the trails detailed in the book. All rides include GPS coordinates to the starting point, detailed and easy-to-find trailhead directions, along with detailed ride descriptions and maps. Excellent color photographs highlight the character of the ride and the surrounding areas. Readers will find additional information about local contacts, clubs, and other activities they can participate to further enjoy the trails in the book.

Martin Fernandez is a local Washington D.C. Area resident who has been involved in the regional mountain bike and cycling scene since the early 90s. He has served on the Board of Directors of the Mid Atlantic Off-Road Enthusiasts, the largest and most active mountain bike advocacy group in the Mid-Atlantic region, on several occasions and continues to be regularly involved with the organization. Martin's mountain bike guide, Mountain Bike, The Washington D.C./Baltimore Area has been a staple in the region, now in its 5th edition it once again sets the standard by which others are measured. Martin's other FalconGuide title, Best Bike Rides D.C. details rides for cyclists of all levels within a 50-mile radius of Washington, D.C. Martin currently lives in Northern Virginia.

This is the definitive guide for Mountain Biking in the Mid-Atlantic. I've owned and used the previous editions published in 1995 and 1997 and this latest version addresses all the shortfalls of the previous great versions and adds even more. First and foremost the book accurately describes the character of the trail for the uninformed and gets you to the trailhead armed with an accurate map of the popular loops that provides the defined experience. In addition the book outlines local attractions near the trail as there is more to an MTB ride than just hitting the trail head. Martin, the author, also pays homage to the personalities/advocates that have dedicated a good part of their life to ensure everyone can enjoy their "backyard." Every seasoned rider knows that an awesome trail is the manifestation of love driven by a passionate individual or group - Martin pays homage to these personalities by mentioning them in the book and it is very likely you might run into the highlighted folks during your ride. As a seasoned rider I particularly like that I can get a real sense of the vibe of the trail and what is around it to determine if it will provide myself the experience I'm looking for. This is a must have reference for any noob to seasoned rider looking to explore the Mid-Atlantic MTB trails. I would like the next version to spell out the best places to grab chow or a beer after the ride, but aside from that a great resource!

I purchased this book when it came out. Last night Martin Fernandez gave a presentation on his book to be released early next year, Mountain Biking Virginia (at the publishers now). This book will be a great addition to his other books. The presentation was informative and concise in a relaxed atmosphere at the REI - Bailey Crossroads store. It was well attended and received by all. Martin is a great speaker and before we knew it his 1 1/2 hours had come to an end. I highly recommend purchasing the new book when it is available.

Great guide- saves time to find places rather than internet searching. I do wish it had more info on elevation and trail conditions.

This is a great guide dook of local DMV Tails.Easy to follow. I like having book i can hold

This is THE BOOK for mountain biking in the Mid-Atlantic region!! Well done Martin!! Great writer - great book - now we need to hit the trails together again soon! :)

I've lived in the DC area for about ten years now and it's always been hard to find cohesive information about the local trails. MORE has done an amazing job building trails around here and now I actually know where they all are! I love the color pictures in this book and the background about each ride sight.The authors did a great job.

A great guide. The author has been involved with the local cycling scene for a long, long time. He has written previous guides to the local trails. The selected trails are covered in great detail - you will get everything you need about the trails. A serious must have book, even for the locals.

A must for every Mountain Bike enthusiast in the Washington DC AND Baltimore areas, Thanks Martin !

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